

Child Safety Seats Save Lives...

DID YOU KNOW...

- Auto crashes are the leading cause of injury and death for children.
- Almost half of US children are *not* using the right restraint for their age and size...*Or are not using a child restraint at all!*

WOULD YOU LIKE YOUR CHILD SAFETY SEAT CHECKED?

Family Health Network has two certified technicians to help you!

CALL 758-3008 or 753-3797 to schedule an appointment today.

- New York State requires the use of child safety seats.
- You cannot leave the hospital after delivery without a child safety seat.
- It only takes a minute to properly secure your child.
DO IT EVERY TRIP!
- Wearing your own seatbelt sets the best example.

...but only when used properly!



Family Health Network of Central New York, Inc.

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Billing 607-753-3798

Cincinnatus

607-863-4126

Cortland

607-758-3008

Perinatal/PCAP

607-758-3400

Moravia

315-497-9066

Cuyler/DeRuyter

315-852-3318

Marathon

607-849-3271

Groton Ave. Dental

607-344-0052

School Health Program

Marathon School

DeRuyter School

Cincinnatus School

607-753-3797

After Hours Emergencies

If you have an emergency call 607-756-0405. One of our professional staff is on call 24 hours a day, 365 days a year. You can call this number day or night.

FAMILY HEALTH NETWORK

Child Safety Seat Program

Find Out How a Certified Safety Seat Technician Can Help Keep Your Child Safe in Your Car



**For More Information
Call 758-3008 or 753-3797**

Family Health Network Child Safety Seat Program

Our certified technicians can teach you how to use the proper seat for maximum safety, and will show you how to properly install it in your vehicle.

Family Health Network has child safety seats available to accommodate children from 5-80 pounds.

**CALL 758-3008 or 753-3797
FOR AN APPOINTMENT**

For a sliding fee bring your pay stub or a Medicaid, PCAP or WIC card to your appointment.

Family Health Network provides quality care for your whole family.

This program is partially funded by the National Highway Traffic Safety Administration with a grant from the NYS Governor's Traffic Safety Committee

The FHN Child Safety Seat Program is a part of Safe Kids Worldwide



General Child Seat Use Information

Children ages 12 and under are safest when properly buckled in the rear seat.. **Always refer to the child seat and vehicle manufacturers' instructions for proper use and installation instructions.**

Age/Weight	Seat Type/Seat Position	Usage Tips
Infants		
Birth to at least 1 year and at least 20 lbs. Less than 1 year/20-35 lbs. <i>Children may remain in their rear-facing seats as long as they haven't exceeded the height or weight requirements.</i>	Infant-Only Seat/rear-facing or Convertible Seat/used rear-facing <i>Seats should be secured to the vehicle by the safety belts or by the LATCH system.</i>	<ul style="list-style-type: none"> •Never use in a front seat where an air bag is present. •Tightly install child seat in rear seat, facing the rear. •Child seat should recline at approximately a 45 degree angle (check the installation instructions) •Harness straps/slots at or below shoulder level (lower set of slots for most convertible child safety seats). •Harness straps snug on child; harness clip at armpit level.
Preschoolers/Toddlers		
1 to 4 years/at least 20 lbs. to approximately 40 lbs. <i>Children may remain in their forward-facing seats as long as they haven't exceeded the height or weight requirements.</i>	Convertible Seat/forward-facing or Forward-Facing Only or Combination Seat with Harness. <i>Seats should be secured to the vehicle by the safety belts or by the LATCH system.</i>	<ul style="list-style-type: none"> •Tightly install child seat in rear seat, facing forward. •Harness straps/slots at or above child's shoulders (usually top set of slots for convertible child safety seats). •Harness straps snug on child; harness clip at armpit level.
Young Children		
4 to at least 8 years/unless they are 4'9"(57") tall.	Belt-Positioning Booster, No back or High Back Belt-Positioning Booster. NEVER use with lap-only belts—belt-positioning boosters are always used with lap and shoulder belts.	<ul style="list-style-type: none"> •Booster used with adult lap and shoulder belt in rear seat. •Shoulder belt should rest snugly across chest, rests on shoulder; and should NEVER be placed under the arm or behind the back. •Lap-belt should rest low, across the lap/upper thigh area—not across the stomach.

NO CHILD UNDER 13 SHOULD RIDE IN THE FRONT SEAT!

Stay informed about child safety seat recalls; be sure to fill out the registration card that comes with new child seats.